



APRIL 26
2026

St. Joseph's
Healthcare & Hamilton
FOUNDATION



CREEMORE SPRINGS
PARIS TO ANCASTER BICYCLE RACE



From the Bike to the Bobsleigh

**Kelsey Mitchell on Her Cycling Journey and Plans for
the 2026 Winter Olympics**





We had the privilege to talk to Olympic Cycling Gold Medalist, Kelsey Mitchell, about her experience starting her cycling journey to becoming an Olympic champion.

After competing in Paris 2024, Kelsey took some time to rehab her body back in Calgary, Alberta.

Soon after, Kelsey was approached by the Canadian bobsleigh team-- the very team that Kelsey had actually tried out for 10 years earlier. Kelsey's transition from biking to bobsleigh marks an exciting chapter in her athletic journey. Utilizing her power and focus she honed during her cycling career, she is now channeling that same drive toward accomplishing a rare feat--becoming a Summer and Winter Olympian.

Despite her new pursuit, cycling still remains close to Kelsey's heart. She talks about her experience as a spectator at Paris to Ancaster and her future plans to potentially participate in the future!

[Click Here to Watch the Full Interview!](#)

Your Ride Can Fuel Health Research that Saves Lives!





Riders in Paris to Ancaster are encouraged to consider raising funds for our official charity partner, St. Joseph's Healthcare Foundation. You can make a donation at the time of registration or share your fundraising page via social, text or email and ask your family and friends to support your ride with a fully tax-receiptable donation.

Every gift helps to fund groundbreaking health research at St. Joseph's Healthcare Hamilton. Wondering why it matters? Well, let's start with the fact that [St. Joe's Researchers are Reducing Prostate Cancer Recurrence Rates](#). Read more about research at St. Joe's in our email updates on P2A or follow us on social!

[Click Here to Donate!](#)

Haven't Secured Your Spot to Ride Yet? There's Still Plenty of Time!

If you haven't registered yet, there's still time to **secure your spot for Paris to Ancaster 2026!** Don't miss out on this year's ride on **Sunday, April 26th**.

Save on last year's pricing before **December 7th** and join fellow riders for an unforgettable day on the trails. This year, we're adding **more award categories in the Classic, race-morning Plate Pickup at your Start location**, and several other improvements.

[Click Here to Register!](#)

#P2AThrowback

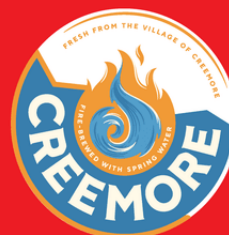


Paris to Ancaster, 2017



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